

INTEGRATIVE LEADERSHIP INTERNATIONAL

“Helping individuals and organizations become integrated.”

Lessons on the Path

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“Lords of Attraction”

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OBSERVATION:

A few months ago, Lillas and I were on a flight from Calgary to Houston. For the past five years I had been traveling between the two cities at least once per month, since our operations and relationships for Integrative Energy where I was the CEO, were primarily in the US. About 1/3rd of the time, Lillas accompanied me when she was between integrative leadership teachings or facilitations, and this was one of those times.

I had finished my David Baldacci mystery novel the night before and did not have anything to read on the four hour flight. Browsing in the airport bookstore, I curiously bypassed novels by Grisham and Cussler, and bought a small 150 page book called the “Law of Attraction”. Normally I would buy a mystery, fiction or fantasy novel to escape for a time from this world, so it was unusual for me to pick up a ‘self help’ or ‘how to’ book for pleasure reading. Puzzled by the change of habit, I slipped the book into my carryon bag and walked to the gate.

We loaded onto the Air Canada fifty passenger regional jet for our direct flight to Houston, took our seats in economy and I opened the “Law of Attraction” and began reading it prior to takeoff. After a dozen pages, I turned to Lillas and said that Michael Losier’s book was very good; clearly illustrating what could be a difficult concept and giving simple exercises for deeper understanding and application. I suggested to Lillas that it would be a good read, where Losier was emphasizing attracting abundance and perfect relationships and other good things into your life, and that I was looking forward to it.

Immediately after saying this, a Flight Attendant came up to me, smiled, welcomed me back on the flight, and said that my upgrade certificate had been accepted and there was a first class seat for me at the front of the plane. Surprised, I too smiled, thanked her, and asked if Lillas could join me in first class. She said of course, so she escorted us to two seats in first class, were given complimentary glasses of Chardonnay and exchanged smiles and words, wondering at our unexpected good fortune.

When we were settled, I asked her about the upgrade certificate, for I had not submitted one. Our Flight Attendant, whose name was Ellen, said that she uses that story so that the other passengers in economy would not get upset when she upgraded someone she knew, like she just did unofficially, to first class. Ellen said she had seen me and served me for five years on the Calgary-Houston flight, and that I always sat in first class. She was surprised to see me in economy and took it upon herself to move me up to first class where she felt I belonged.

Now I was even more puzzled. I said to Ellen that I must have a ‘twin brother’, or a ‘doppelganger’. I said she was confusing me with someone else, since I did not recognize her, nor had I ever flown in first class these past five years on Air Canada. Now it was Ellen’s turn to be surprised. She pondered it for a moment, I believe wondering whether she should demote us back to economy, or leave us with our promotion to first class. Then she shrugged her shoulders, accepted the situation, laughed about it, told us this must be our lucky day, and graciously refilled our wine glasses. Later we had a great meal and several good conversations about the Law of Attraction at work with Ellen that made our first class flight truly memorable.

On reflection, we believe everything and every event in life has meaning and purpose. So why this book? Why this affirming experience at this time?

One aspect of our integrative life and leadership work these past years involved identifying the universal principles or ‘laws’ that formed the framework in which we lived and moved and had our being. The concept of the “Law of Attraction” or “Like begetting like” could simply be stated: if you wanted more love in your life, be more loving. If you wanted more friends in your life, be more friendly. If you wanted more abundance in your life, act abundantly. Losier’s book helped us remember and reaffirm that simple process once again and the need to continually apply it consciously in our lives.

Regarding timing, in the subsequent months following our first class flight, Lillas and I had to manage our way through a multi-faceted, challenging and deeply impacting reorganization of Integrative Energy. Our affirming experience strengthened our belief that we could become in time the ‘Lords of Attraction’ within our own lives, converting stumbling stones to stepping stones on our life and leadership journey.

So do you think that you are the Lord of Attraction or the Lord of Distraction in your own life?

APPLICATION: This week, take a moment to reflect and become aware of your inner thoughts, feelings and actions that is bringing into your life, according to the law, that upon which you dwell. Then keep track of the evidence that this Law of Attraction is working in your life, for good or bad.

INSPIRATION: “*You are a living magnet; you attract into your life people, situations and circumstances that are in harmony with your dominant thoughts. Whatever you dwell on in the conscious grows in your experience.*” **Brian Tracy.** *Every thought must manifest according to its intensity. The slightest thought of Intelligence sets in motion a power in the Law to produce a corresponding thing.*” **Ernest Holmes.** “*What you radiate outward in your thoughts, feeling, mental pictures and words, you attract into your life.*” **Catherine Ponder.** “*That which is like unto itself is drawn.*” **Jerry and Esther Hicks.**

INFORMATION: (1) Losier, Michael J. *Law of Attraction: The Science of Attracting More of What You Want and Less of What You Don’t* (2003, 2006). (2) Watch Michael Losier on YouTube at the following address: <http://www.youtube.com/watch?v=GoGCaLul8ms>. (3) Hatala & Hatala. *Integrative Leadership: Building a Foundation for Personal, Interpersonal and Organizational Success* (2005) Chapter 6: Guidelines for Becoming an Integrative Leader.

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